



## The Effect of Divorce on the Selection of a Friendship Environment in Adolescents

Hanan Sarah Az-Zahra<sup>1</sup>, Jundi Muhammad Fauzan<sup>2</sup> Wahyunegsih<sup>3</sup>

<sup>1</sup>UIN Jakarta prodi BPI

Email : [hanan.srazzahra21@mhs.uinjkt.ac.id](mailto:hanan.srazzahra21@mhs.uinjkt.ac.id)

<sup>2</sup>UIN Jakarta prodi BPI

Email : [jundi.fauzan21@mhs.uinjkt.ac.id](mailto:jundi.fauzan21@mhs.uinjkt.ac.id)

<sup>3</sup>UIN Jakarta prodi BPI

Email : [wahyu.nengsih@uinjkt.ac.id](mailto:wahyu.nengsih@uinjkt.ac.id)

### ABSTRAK

*Pada umumnya konflik selalu terjadi di dalam kehidupan berumah tangga namun konflik yang sering terjadi dapat menyebabkan salah satu faktor terjadinya perceraian. Perceraian tidak hanya berdampak bagi yang bersangkutan (suami-istri) namun juga melibatkan anak khususnya yang memasuki usia remaja karena perceraian merupakan beban sendiri bagi setiap anak yang dapat berimbas pada minat serta motivasi belajar seorang anak ini adalah salah satu reaksi akibat dari perceraian orang tuanya. Reaksi setiap anak terhadap dampak perceraian sangat berpengaruh oleh cara orang tua berperilaku mulai dari sebelum, selama, dan sesudah bercerai. Tujuan penelitian ini untuk mengetahui sikap seorang anak atau psikologis setiap anak dalam memilih lingkungan pertemanan baik di sekolah ataupun di lingkungan rumah. Metode penelitian ini menggunakan metode kuesioner dengan cara memberi seperangkat pertanyaan tertulis kepada responden melalui daring. Dengan demikian untuk mengatasi perlakuan tersebut pekerja sosial harus berupaya mewujudkan ketercapaian akan kesejahteraan bagi anak dan dapat memberikan layanan konseling keluarga.*

**Kata Kunci :** perceraian, remaja, konseling keluarga

### ABSTRACT

*In general, conflicts always occur in married life, but conflicts that often occur can cause one of the factors for divorce. Divorce does not only have an impact on the person concerned (husband and wife) but also involves children, especially those entering their teens because divorce is a burden for each child which can impact on the interest and motivation of learning a child. This is one of the reactions resulting from the divorce of his parents. The reaction of each child to the impact of divorce is greatly influenced by the way parents behave before, during, and after the divorce. The purpose of this study was to determine the attitude of a child or the psychology of each child in choosing a friendship environment either at school or at home. This research method uses a questionnaire method by giving a set of written questions to respondents online. Thus, to overcome this treatment, social workers must strive to achieve the achievement of welfare for children and can provide family counseling services.*

*Keyword : divorce, youth, family counseling*

## **INTRODUCTION**

The family is the smallest unit in society that has a noble role and function in building the character of a child, all children want to have a healthy and peaceful family so that a child has a place to shelter and can feel safe when he returns home, but without realizing there are disputes Prolonged household life can lead to unwanted things starting from divorce or domestic violence (KDRT).

Divorce experienced by both parents can have an impact on the behavior of a child in the future starting from their behavior and the way they choose a circle of friends, but here we don't know what they feel because a child usually doesn't tell his story to everyone but they just tell his story to friends who are going through the same thing as him. According to the Central Statistics Agency for the DKI Jakarta province, the number of divorces in the past two years, namely in 2020, in the districts/cities of DKI Jakarta Province, the most common cause of divorce with one factor being "leaving one party" was 4,832 people, as well as other factors, namely "Continuous disputes and fights" were obtained as many as 17,128 people, the data was taken from the most divorce cases in every family in DKI Jakarta Province.

Divorce cases in each family on average occur when a child enters adolescence, adolescence is a transitional period where the age ranges from 13 to 16 or commonly referred to as the teens where the age is experiencing an unpleasant transition and the occurrence of changes in both physical, psychological or social Hurlock, 1973 and according to Seifert and Hoffnung (1987) Adolescence generally begins around the age of 12 years until the end of the period of physical growth, which is around the age of 20 years.

In times of crisis this can also cause behavior that deviates from parental direction because adolescence is a time when a child wants to try new things and sometimes forgets the direction that has been given either from the school environment or the home environment, in conditions like this behavior deviant behavior will be disruptive.

Because of that, teenagers have traits that tend to be unstable starting from jealousy, anxiety, jealousy, joy, sadness and curiosity, but teenagers have a weakness in controlling their emotions so that it results in a lack of self-control. The social character of a child who is a

victim of divorce can change from all sides, starting from the child's behavior, habits, psychology, emotions or feelings that can interfere with activities both at school and at home. Therefore, it is not surprising when we see a teenager who lives freely without character guidance or is accompanied by parents such as doing promiscuity or living on the streets like street children, maybe the past they experienced was not beautiful and did not turn out to be what they expected, therefore they have a sensitive character and do not want to be controlled.

If asked, why did we choose this title? this title may be a title that tends to be sensitive in some circles, but we don't give up in writing and reviewing this title because we want to be both better individuals starting from character, behavior, psychology, to emotions where we all can control it well as a teenager who lives in modern times like this, and can help fellow teenagers who are in a condition like this, that conditions like this we must face with grace and patience in dealing with them and believe that there are many who want to help to make you rise in the face of conditions like this.

In this case we can take lessons from what happened, maybe we as teenagers have not found what wisdom we should take in conditions like this but

know that the more you learn to be sincere then you will know what wisdom you can take to become values in life.

(Dariyo (2008:94), 2013) says that divorce is the culmination of a problem that has accumulated some time before so that it can no longer find a last resort that must be taken and when the marital relationship can no longer be maintained properly. Factors that cause divorce cases in the family include economic problems, the desire to get sons and daughters who are difficult, the age difference is large and it is difficult to understand the couple, and other factors are how to educate children, as well as the influence of social support from outside parties or neighbors. , it could be that there is a third person factor in the household that can create a cloudy atmosphere and undermine domestic life.

In today's social reality, changes in the function and role of the family are very possible and one of the changes that have a negative effect on the continuity of the function and role of the family in building the character of children is divorce. In writing this journal, we hope that the occurrence of divorce in a family is not the end of everything, and we also hope for someone who reads our journal to be able to rise again from events like

this, especially teenagers who experience it and we sincerely hope to the extension workers or psychiatrists can handle teenagers with conditions like this so that teenagers can rise again from adversity in dealing with them

## RESEARCH METHODS

This type of research uses a questionnaire method which is a data collection technique carried out by giving a set of questions on a google form and will be given to respondents who have experienced something like this to be answered according to their experience. From the data, it will be analyzed what things can affect their afterlife, both in terms of attitudes, the influence on the friendship environment or learning in the classroom, and how they respond to the condition of a broken home family.

## RESULT AND DISCUSSION

Marriage is a contract that provides benefits in any form to form a family between relationships (husband and wife) that can provide reciprocity and the existence of responsibilities, rights and obligations in the household, but if the husband and wife are negligent in this matter and can cause disputes between husband and wife. both and can not make a decision then divorce will

occur. According to P.N.H. Simanjuntak, divorce is the termination of a marriage for any reason with a judge's decision on the demands of one or both parties in the marriage. The word "divorce" is a sacred word for everyone, whether unmarried or married, this is whether those of us who are married or unmarried certainly don't want divorce to occur in their household, but what can we do if the word divorce occurs in marriage?

The following are the results of the questionnaire from our research with the title:

"The Effect of Divorce on the Selection of Friendship Environments in Adolescents"

No	Questions	Response
1.	How did you react when you found out about this situation?	Bad news that must be accepted gracefully. Of course the feelings of sadness, anger, disappointment, and confusion that become one are felt and must be accepted because there is no other choice.
2.	Is there any influence on you after a	Of course there is, the personality changes to be

	<p>condition like this occurs, be it from friendship, environment or learning in class?</p>	<p>more reserved, moody, and pessimistic. Influence also in the environment of friendship, social and academic learning. The mindset about future life is also affected, such as thinking about not getting married for fear of the impact of divorce being felt</p>	<p>4.</p>	<p>Is there a difference in impact, such as feelings or something else, when you find out your parents are separated?</p>	<p>of course there is. The feeling of not being able to accept reality and not getting the rights of a child like children in general. Being a stranger from parents because of the focus on his new family, making achievements in school and also friendships become his impact.</p>
<p>3.</p>	<p>What do you need and want when you know this unpleasant fate?</p>	<p>in the initial phase what is needed is time alone to calm down. Of course, when you start to accept the situation, what you need is support and friends. it's better that support comes from people who have felt and can get back up again. In order to know the situation and conditions that are really felt</p>	<p>5.</p>	<p>If you were given the opportunity to be consulted by your parents, would you approve of them separating? With the reason</p>	<p>some respondents said they agreed, because the situation at home was not conducive, parents always fought, so the best solution was to separate (divorce). There were also respondents who said they did not agree, because a whole family that used to always be together had to</p>

		separate and go about their own lives. and the last one strongly disagrees, if the divorce occurs only because each ego does not want to budge, and also the impact of divorce is very much felt on the child, the lack of attention given by the parents and also becomes a stranger to the parents themselves.			needs a lot of support from strong people around her
			8.	Are the parenting styles of Mom and Dad different after they separated or are they the same as before?	the majority answered that there were differences in parenting after separation (divorce).
			9.	When you live with one of them, do your father and mother still keep an eye on your personality development, where you don't live in the same house with them?	the majority answered that they no longer monitor their development because they have separated from their homes.
6.	Who do you live with now?	the majority answered that they lived with their mothers, because they thought that mothers needed their children more, and some were with their siblings			
7.	What made you agree to stay with your choice?	The majority answered Mother because Mother is a woman who			
			10.	How do you respond to a family situation like this?	Some respondents think that we can think positively, accept in an airy way and can express to parents

		about how our condition is with kind and polite words so that parents can know that their children are fine or not. And try to learn sincerely in facing and accepting what God has given, know that it may be disappointing but there is a great lesson.
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## CONCLUSION

Based on the results of research on the Effect of Divorce on the Selection of Friendship Environment in Adolescents, it was concluded that, many teenagers who responded as they knew their parents were separated were hurt, disappointed, sad so that this had become their daily diet. Maybe we can't feel it the way they feel but we can feel how sad or disappointed someone feels when that person hurts our feelings. The results we have concluded from one of the questions are where a child changes from personality or attitude in a friendly environment either at home or at school

making this child no longer easy to get along with, likes to be alone, moody and not confident in socializing.

And from the results we have concluded that some of the respondents when their parents separated were that they preferred to continue their life with "Mother" with the reasons "she is the mother", "custodial rights in the mother" and gave the answer that "Mother is a woman. who are fragile and want strong people around them."

Divorce is an undesirable thing in every family or a child, but if it has happened it is God's will that we must face it properly because God will not give trials that are not in accordance with the abilities of his servants, with this we can also learn that accepting gracefulness is the key for us to start life with a new leaf and try to believe that this is the best destiny from God for his servants by trying sincerely to accept all the events that have happened.

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